

NHS Help Card

City Hospitals Sunderland (CHS) NHS Foundation Trust is the first trust in the country to pilot the NHS Help Card. The card has been developed to support people who feel they might need help or support. The free card features a blank panel in which people can write down any special requirements. The card can be shown to NHS staff when needed. The card can also be used by anyone who has problems communicating and includes a tick list of different languages on the reverse of the card for those who cannot speak English. **For more information about the NHS Help Card contact: Patient Advice and Liaison Service (Pals) at CHS on 0800 587 6513. Email helpandadvice@chsft.nhs.uk**